

# Family Academy<sup>®</sup> News

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## What Family Academy<sup>®</sup> Offers Homeschoolers

Our teachers are qualified to assist your family needs while continuing to homeschool.

We provide:

- School year planning
- Weekly Contact with students and parents
- Quarterly conferences
- Report cards for K-8
- Sports report cards for district needs
- Great online resources for Special Education Needs
- New Phonics program for K-2 online coming this Fall! Limited enrollments available.
- Highschool accreditation through a partner program for grades 9-12
  - Keep homeschooling and get an accredited diploma.
- Testing and Assessments
- Outdoor Schools
- Online courses available
  - Spanish, German or French Classes
  - Music Classes
  - Art Classes
  - Media Arts Online

We have teachers in:

- Sequim/Port Angeles area (Tutor)
- Arlington – 1 learning center
- Burién – 2 learning centers
- Vancouver – 1 learning center
- Marysville – 2 learning centers
- Special Needs Teachers – Online
  - Colorado
  - Oklahoma
  - Nebraska
  - Oregon
  - California
- Music and Foreign Language Teacher
- Tulalip Tribal Language Teacher

To inquire about registration and availability please email us. We look forward to assisting you!

## Special Pricing for Family Members!

### Hear-builder

Hear-builder helps children with Auditory issues. You will receive an Auditory Processing screening via Zoom and receive access to Hear-builder for 3-month increments for \$60.00.

Reports and Monitoring completed by our Learning Specialist. Limited openings left!

Contact Maggie Dail today!

## IXL Curriculum Online

We now have the availability to offer IXL to you for curriculum. It covers English, Math, Science, Social Studies and Foreign Language. Teacher engagement available.

There are limited openings for this, and a monthly fee is required of \$14.95. Foreign language extra.

Contact Wendy or Chris Wenger at 206-276-6494 if you have any questions.

## MySciLearn

These researched tested (MySciLearn) and developed online programs help students learn how to read and how to learn at the same time. Our Learning Specialist monitors and helps the parents coach their children. Made possible by Family Academy Online.

Limited space available! Contact Maggie Dail through [www.unlocklearningpotential.net](http://www.unlocklearningpotential.net)

Family Academy  
PO Box 157, Arlington, WA 98223  
(206) 928-2934 [school@familyacademy.org](mailto:school@familyacademy.org)

## New Courses Available for High School Students!

We have entered an exclusive contract with FilmMaking4Teens out of Arizona. A homeschooling family that found a way to teach Media Arts to other homeschooling families! Credits available.

### **Intro to Film Making: \$295**

Learn the art of filmmaking start to finish in this 18-section course (complete a section every two weeks or in one week if you are working fast). Good for 1 high school elective credit for one year (120 hours)

### **Photography 4 Teens: \$195**

Learn the basics of photography in a 12-part course featuring lessons, demonstrations, workshops, and assignments. (One semester credit)

### **YouTube 4 Teens: \$195**

This course gives students the training to start, grow and launch a YouTube channel. A 12-week course for tweens, teens, or adults! (80 Hours or 1/2 elective credit). 1 semester (80 hours)

### **Acting for the Screen: \$150**

In this 12-part course, we will teach the basic building block that makes a great screen performance. Acting 4 the Screen equals 1 semester elective credit (80 hours)

## Aleks.com Math

This online Math course from McGraw-Hill is just awesome. It's great for kids that struggle with book work. Great for 3<sup>rd</sup> grade and up.

This program has great features and some games, videos to teach, but the best thing of all is that it keeps going over concepts learned to reinforce that learning. Plus, you as a parent, do not need to grade papers!

Our teachers assign work and tests on a regular basis. Plus, they can come on and see where your child is having troubles and help. Best of all, parents don't need to grade! Grading is automatic by the system. Even shows your student where they went wrong!

Program fees are:

One-month trial for \$30.00  
Three-month subscription \$50.00  
Nine-month subscription \$70.00  
Twelve-month subscription \$90.00

You are saving up to \$238.00 a year, plus they have books to correlate with the curriculum if you need them. \$40.00 registration for one course!

Aleks even offers some classes for Biology and Chemistry. To order a subscription to Aleks.com at a discounted rate, please contact the school. Takes about 3-4 days to get activated.

## Journal Prompts for February

This year, start a book of writing prompts that get the creative juices flowing for your student. Below are four prompts for the month of February.

Have your student copy the verse from the Bible; then finish the writing prompt. Then you correct and have them re-write their journal prompt to correct all the errors. This is how children learn!

**Genesis 3** - You're in the Garden of Eden, and a talking snake comes up to you. What does he say, and what do you do?

**Proverbs 27:17** - Think of your three closest friends. Write what you love about each of them.

**1<sup>st</sup> Samuel 17** - You were standing right by David when Goliath came up. What did the giant say to you, and what happened next?

**Matthew 10:31** - You are going off to sleep when you realize Jesus just sat down on your bed. Write down the conversation the two of you have.

**Psalms 32:8** - Think of your special talents. Write a story about yourself at age 25 and how you're using them.

## New Contract with Schoolhouse Teachers

This is an excellent way to find lessons for your child. Hundreds of lesson plans are available. You can check them out through our link on the website or [thru this one!](#) PreK-12<sup>th</sup> grade. Plus, you get access to World Book online for great added surfing! Fees are reasonable and there are a lot of choices with some on video teaching!

## About Our Teacher Consultants

John & Tammie Elliott of [Puget Sound Academic Center](#) in Burien, has combined 34 years' experience homeschooling their own children and others! Although they don't have a learning center this year, they are doing one on one through Zoom and have a full load of high schoolers this year.

Chris and Wendy Wenger of [Highline Tutoring and Testing Center](#) in Burien have 30+ years of experience with tutoring and one on one teaching. They have openings and can do all your educational testing needs to meet homeschool requirements.

Diana McAlister at [Family Academy](#), the founder and one of the writers of the homeschool law, knows her stuff! She likes to educate the parents on how to homeschool. You can set up a meeting with her at any time! She charges \$50.00 but its well worth it!

Whitney Sapp at [Stride Academy](#) is utilizing the unique adventure of Acton Academy curriculum. Students earn badges and Family Academy brings it together with a transcript for the high school students. There are still openings! Learning center is in Marysville.

Carrie Patterson at [Salmon Creek Learning Center](#) in Vancouver is a great resource for homeschoolers and offers the Homeschool the High Schooler course.

Scooter Perlwitz at [Educational Express](#) offers one on one tutoring and has great resources for homeschool families. Her center is in Sequim.

Maggie Dail at [Unlocking Learning Potential](#) works with our families of special needs children. She offers online and zoom conferencing. Maggie is out of Oklahoma but is a Washington State Certificated Teacher.

If you know of anyone outside of Washington State needing an experienced Teacher Consultant, please let us know. We have one in California; Florida and Texas that are in the process of becoming Teacher Consultants with us!

## Curriculum For Sale

We have a lot of curricula that we are clearing out of the main office. Please check our website at [www.familyacademy.org](http://www.familyacademy.org) to see what is available.

### Washington State History, a High School Curriculum Resource for Homeschoolers

This is the weekly curriculum plan of one of our teachers! If you want to teach research skills to your student, this is a great way to do that. Check out the store!

### Unlocking Learning Potential

Our special needs teacher has an array of books to help parents with teaching their students.

Some new stories and books are coming, so check out her website often for new books!

[www.unlockinglearningpotential.net](http://www.unlockinglearningpotential.net)

## Spanish / German Teacher Consultant

We have a TC in Seattle who does Spanish 1-4 and German through Zoom each week.

If you're interested in having your high school student start foreign language to meet the World Language requirements, please contact us! Registrations for the Fall will begin in April!

## Outdoor School

We are working on our next outdoor school session, if you are interested, please contact us at the school email to be put on a waiting list!

**Begin your 40 day adventure starting Wednesday!!!!**

## March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fat Tuesday	2 Ash Wednesday	3 National Anthem Day	4 Dress in Blue Today	5 Cheese Doodle Day
6 Dentist Day	7 Flapjack Day	8 Oregon Day	9 Crabmeat Day	10 Blueberry Popover Day	11 Johnny Appleseed Day	12 Plant a Flower Day
13 Good Samaritan Day	14 Butterfly Day	15 Kansas Day	16 Panda Day	17 St Patrick's Day	18 Sloppy Joe Day	19 Back Yard Day
20 World Flour Day	21 French Bread Day	22 American Diabetes Day	23 Chip and Dip Day	24 Chocolate Covered Raisins Day	25 Medal of Honor Day	26 Spinach Day
27 Scribble Day	28 Something on a Stick Day	29 Nevada Day	30 Tater Day			

*These give you some ideas that you can use for English, History and Art classes for the month (in some cases even Science and Math). Learn everything you can about these days, including occupations that go with them for your child's English, History and Art or Occupational Education requirements.*

**Fat Tuesday** – The day before Ash Wednesday, this holiday intertwines with a period of festivals and feasts that lead to a time of fasting and reflection. Dress up today in vibrant colors and dance. Look up the history of Fat Tuesday, Mardi Gras, and Shrove Tuesday.

**Ash Wednesday** – Learn more about this and have the kids make the table prayer cloth for your table. See info under Lent.

**National Anthem Day** – Look up the history of the Star-Spangled Banner and the writer of the song. Then learn about the Georgetown Light Field Artillery during the War of 1812.

**Dress in Blue Today** – Bring awareness of Colon Cancer. This disease hits many grandparents both male and female. Learn about it and share in the national holiday by wearing blue.

**Cheese Doodle Day**- What comes to mind here? Well, it's about cheese puffs! Because we are in Lent and most Christians eliminate meat for the 40 days prior to Easter, you can crush cheese puffs and use them as breading on fried fish! Give it a try and see how it works out!

**Dentist Day** – Take time to find out all about the different occupations that are related to Dentistry. Get an appointment with your local dentist to go and learn about how they got interested in Dentistry. Field Trips are wonderful!

**Flapjack Day** – Oh, this is a wonderful one! Make homemade pancakes today. I loved making dollar size pancakes with my grandpa growing up. If you have a grandpa or grandma, invite them over for breakfast and make some flapjacks together. I have included my recipe below. Add mini chocolate chips or some dragon fruit or blueberries, whatever is in season, and share breakfast and memories today.

**Oregon Day** – With Oregon being close to home for many of us, this is a day to go on an adventure. Go to the coast or even down to the sealion caves. Make a memory that lasts a lifetime. Study about Oregon and how it came to be a state.

**Crabmeat Day** – Most people don't like seafood, especially those bottom of the sea floor crustations. However, you can learn all about the Crab, and how to tell the difference between a male and female. You can have the kids draw a crab or go to the beach near you and unearth a rock to find baby crabs. Don't pick them up, just look at them. They live in an environment that keeps them safe. When your done, put the rock carefully back in place!

**Blueberry Popover Day** – Oh I love blueberries and the popovers are so easy to do! Here is a simple recipe: [Blueberry Popover](#)

**Johnny Appleseed Day** – Learn the history about [Johnny Appleseed](#). His tree orchards still exist today in Iowa and Illinois. He was a real person. Teach his song to the kids!

**Plant a Flower Day** – If the weather finally warms up, you can go to the nursey and find flowers to plant. Make sure the ground is warm enough. We may need to wait until April this year, so if its still cold, place a flower in the window and water until warmer weather allows your child to plant their flower!

**Good Samaritan Day** – If you attended church during Epiphany, you may have heard the story of the Good Samaritan. Find out how to get involved in your community and become a Samaritan yourself! Your kids can work at a local foodbank or even drive an elderly person to their doctor appointments. If you see a need in your community, figure out how you can help.

**Butterfly Day** – Learn everything you can about butterflies. Have the kids draw out their bodies and label the parts. Get a [butterfly kit](#) from online and watch them come out of their cocoons. This was always the favorite science experiment at our house. Then release them when it is warm enough.

**Kansas Day** – Learn everything there is about this state. Check out Hell's Bar. There are Dinosaur bones that were excavated there back in the 1960's. My husband remembers watching the UW Anthropology department on his grandma's farm as they dug up the dinosaurs.

**Panda Day** – Learn all there is about these amazing creatures. Check out the zoo near you. There is a [Panda Adoption](#) conservancy online where you can donate. Go through your house and have the kids find all the change, through the cars, purses, what have you. See if you can find enough change to sponsor a panda!

**St Patrick's Day** – If your Irish, you know the world celebrates today with wearing green. Look up the history of the shamrock, which was used to illustrate the Holy Trinity. You may find in your investigation that you have some of the customs of the Feast of St Patrick in your own lives without even realizing it!

**Sloppy Joe Day** – These make a wonderful mean, however if you are not eating meat for Lent, you can still enjoy this favorite dish by trying plant-based meat. It's not that bad, if you add seasonings to it. Give it a try today!

**Backyard Day** – As spring is about to be sprung, make some time to clean up the backyard, add some solar lighting and enjoy a night outside if its warm enough. If not, have the kids design the backyard making it eco friendly for the birds or natural habitat! Go to a local bird shop and ask questions about what type of feeders you can add and the food. Give the kids a task for the year to study nature.

**World Flour Day** – This is an important ingredient among all humans around the world. Find out how flour is made, and what try making your own flour from oat kernels. See how much you need for one cup of flour! Remind your children that this task was done every day before manufacturing took over in the 1900's.

**French Bread Day** – This was the best memory I had with my kids. We loved to make bread from scratch. Did you know that French law was established to determine what a baguette was or wasn't? Its amazing. Bakers would get up before 4 am to start backing bread for sale. Go to a bakery near you and find out how they make the baguettes! Don't forget to bring some home!

**American Diabetes Day** – Many families have someone who has been diagnosed with Diabetes. You may even have had gestational diabetes, which means you could be considered a diabetic late in life. Have your kids work on a family history of diseases that occurred on both sides of the family. Find out if they were due to diet. Next visit to the doctors go over those things and see if the kids could get those things later in life. The more you do now to stop those things the better!

**Chip and Dip Day** – This is a great time to go to the seasoning aisle in a grocery store and find different types of dips you can make. Make a variety and use chips to see which one you like the best. This is great for kids to be exposed to a variety of tastes that they may not have been exposed to yet. Do a poll as to which ones were the best! You could also learn to make your own chips using tortilla shells and baking in the oven.

**Chocolate Covered Raisins Day** – Learn about this product that started way back in the 1920's and is now owned by Nestle. Make some chocolate covered raisins or even some oatmeal cookies and add raisins and chocolate chips. Here is a recipe for [Chocolate Covered Raisins](#).

**Medal of Honor Day** – This day is recognized originally during the American Civil War to the Andrews Raiders. Look them up in history and see why this honor was given to them. Question your family about their involvement in wars and ask what medals they got. If you don't have family alive to ask you can go to the [National Archives](#) and search for your family's war records. Make a list of all who have served and which branch and when. There is historical significance in doing this. It gives greater understanding of our U.S. history when we can make a personal connection.

**Spinach Day** – This plant has a huge significance in its origin. Also known as a Persian vegetable, with early records of the plant found in China. During the reign of Catherine de Medici, queen of France, it was served at every meal. She especially loved it "Florentine" style, which was named after her birthplace of Florence. Look up the history of Spinach and find a recipe to try. The Medici's were one of the best rulers of France, and they were responsible for bringing artists works to light. Learn more about what they tried to do in their reign of France.

**Scribble Day** – Here is a new one! Use colors to make a scribble art project. Kids can let their imaginations run wild

**Something on a Stick Day** – Go to the store and get ingredients from the produce department and make skewers for dinner. Anything that will fit on a stick! I like vegetables that are soaked in Italian Seasoning, as it gives them a great flavor. Try your favorite dressing as a marinade and see what happens!

**Nevada Day** – This is a great little state packed with history that takes you to Tombstone, Death Valley, and many other great locations. Learn about the history today!

**Pencil Day** – Do you know when the first patent was for attaching an eraser to the end of a pencil? Check it out!

**Tater Day** – Have the kids write out a list of all you can make with Potatoes! I love to cut my potatoes up in quarters, cover lightly with oil and rosemary and garlic to them and zap them in the microwave for 6-12 minutes depending on how many. (Add a little water for steaming). Come up with a recipe for each version of potatoes and give them a try in the month of April! Keep track of the ones you liked best!

**Recipe for Pancakes:** 1 ¼ cup flour; 2 tsp. baking powder; 1 cup milk; 2 tbsp. sugar; 1 egg; 1 tbsp. oil; dash of cinnamon and then whatever you want to add. You can use egg substitute and if you don't use milk, you can use oat milk. Almond milk makes the pancakes burn. Cook on a Teflon pan or pan with oil spray. You can also use this recipe in a waffle maker if you spray oil on first. Enjoy your flapjacks!

# FORTY DAYS OF LENT

*Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness for forty days, being tempted by the devil. - Luke 4:1-2*

Lent is a forty-day countdown from Ash Wednesday to Holy Saturday, the day before Easter. Since Sundays celebrate Jesus' resurrection, they are not included in the forty days. In the Bible, the number forty appears in the story of the flood, in Israel's wandering in the wilderness and in the life of Jesus.

After his baptism, Jesus was "in the wilderness for forty days, being tempted by the devil." During those forty days, Jesus resisted every temptation of the devil. When those forty days and all the days of his earthly ministry were complete, Jesus carried our sins to the cross.

During the forty days of Lent, we remember our need for a savior, repent of our sins, and receive the forgiveness won for us at the cross.

Here are some great ideas to celebrate Lent:

- As a family decide on one thing you will go without for the 40 days. Support each other. This can be pop, candy, meat, you name it.
- Make a prayer centerpiece with a plain handkerchief or flour sack towel. Take fabric markers and have the kids draw crosses, flowers or whatever comes to mind. This should be decorative to remind you to pray before meals.
- Flowers are omitted this time of year from the Altars in a church as its in preparation of Jesus' death. Make a cross centerpiece and place prayer stones at the foot of the cross to decorate your table. Use the prayer cloth underneath it.
- Collect coins from your car, drawers, neighbors, and family and donate to a local charity.
- Lent is a time we put away the "alleluia's" because its not a time for praise. Songs with an "alleluia" are generally not sung in church until Easter Sunday. Make a sign with your kids that says "alleluia" and bury it somewhere to be found on Easter Sunday!
- Make signs in word documents with the verses for the week that are given on Wednesday. Kids can decorate them any way possible, and then hang on their door. Have them memorize them.
- Make a faith bracelet with them. You will need cording, Yellow, Green, Blue, White, Red, Black and Clear beads for stringing. Directions are located [here](#). The meanings may be different in the video than I have listed. Enjoy making a [faith](#) or salvation bracelet.
  - The meaning of each bead is as follows:
    - Yellow – God Created Light
    - Green – God Created the Earth and Trees
    - Blue – God Created the Oceans, Water and Seas
    - White – God's Purity
    - Red – God's Shed Blood
    - Black – Death and the Darkest Day
    - Clear – God's crystal-clear vision of how we should live our life

## Assessments

Now is the time to schedule your child's assessments! The months of March through August are the busiest months for assessments.

We have a few teacher consultants who can test for your student's academic level using a variety of state approved forms. This is available in-person and via zoom.

They can also Proctor any online test that you may decide to do including:

- CAT Online
- IOWS Online
- PASS (in home)
- WIDA Online / in person
- WRAT4 Online / in person

Washington State Law is specific, you are required to do one annual assessment per year per child. This can be an in-person assessment, a non-test assessment or a proctor exam.

All results are to be certified by a teacher certificated in this state. So just because you take the exams online, does not mean that the teacher validating it is from Washington State.

You will need one of our teacher consultants who can proctor in and validate that you did not assist your child while taking the online exam.

The cost for Proctoring is \$40.00 per student and once you receive the results the TC will send a certification that they witnessed the exam.

The state of Washington made it known back in September 2021 if you go this route to do your assessments, be prepared to show proof of the certification from a Washington State Certificated Teacher!

If using an online assessment program make sure they are approved by Washington State,

## Neurodevelopmental Department of Family Academy®

Maggie Dail has been our lead Special Education Brain Trainer that assists those with Neurodevelopmental issues has a variety of services. If you have kids that are behind, who may need some special courses or are noted with disabilities, these services may help you.

Did you know that if your child has an IEP or has had a psychological evaluation and is confirmed special needs that you can get access to Social Security Disability Educational funding for your student's expenses?

During this time of the Pandemic, you can get funding to pay for tutors and other school related staff and services. Contact Maggie for more information on the services she has available. Hear Builder and MySciLearn are excellent programs for those who have special needs.

Check out more of Maggie's products by going to:  
<http://unlocklearningpotential.net>



## Preschool Corner

We have just entered an agreement with **TheMomentsAtHome.com** and Lisa Yvonne to bring you a full year of Preschool Curriculum and a Kindergarten extension option!

This is an exciting development here at Family Academy. Although we firmly believe that your child needs to play, and work with playdough to develop the hand / eye coordination, but also to start developing muscles in their hands, some children grow at different rates. If your child is cutting, coloring in the lines, then you will want to start this great curriculum. Everything you need will be sent to you each month.

There is a disclaimer that you will need to sign, that states you will not sell or give away the curriculum to anyone else. The license we have with Lisa Yvonne states it's for use with our school only! **Registration with Family Academy is \$160.00 and you will receive monthly emails with everything you need!**

***Make memories today!***

If you want free curriculum, then choose one of these companies to work with:

Starfall.com  
Preschool-Plan-It.com  
Gospel Project online  
ABCmouse.com